The power of music to transport you back to a moment in time is long known. I can never hear REM’s classic Losing My Religion without being transported back to a particular Bury St Edmunds nightclub in the early 90s and a kiss so good that I felt it in my feet. If I want to conjure up warmth, I am back in my 1970s kitchen, swaying by the radio while my mum sings with The New Seekers that she would Like To Teach The World To Sing. Boney M’s Mary’s Boy Child conjures up sad memories, of a lost brother, who died the Christmas after the song came out. While long after my sons are grown, I’ll always hear Coldplay’s Everglow - a favourite of my youngest - knowing that they will always ‘be with me, wherever I go’. We are delighted this issue to support again the charity Hope and Homes for Children, whose founder is from Beccles. EDP readers have raised over £1m for this charity since 1994 and this year we are supporting their campaign ‘end the silence’ which aims to help children in Rwandan and Ugandan orphanages who’ve learned to be silent because when they cry, no one comes. A world without music is a very dark place and the campaign asks us to register the song of our childhood on Facebook and make a small donation. A little way to say Thank you for the Music, another childhood favourite.

LIZ NICE
Editor

Welcome

MY EA heaven is singing with my sons

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