

2019 challenge. Trekking

Step, stride, skip, repeat.

Trek Bosnia

Are your boots made for walking? Then join us on this incredible Balkan adventure.



hope and homes
for children

Trek Bosnia facts

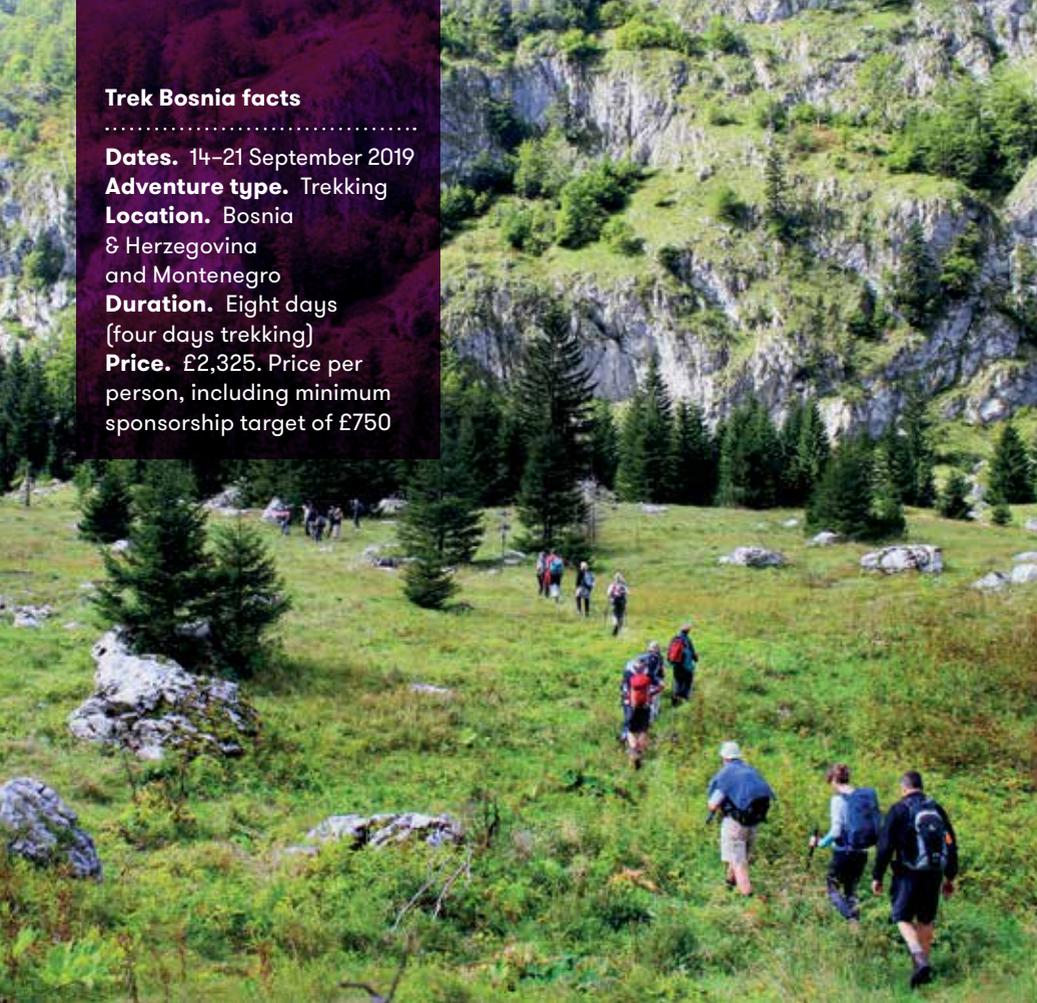
Dates. 14–21 September 2019

Adventure type. Trekking

Location. Bosnia & Herzegovina and Montenegro

Duration. Eight days (four days trekking)

Price. £2,325. Price per person, including minimum sponsorship target of £750



The **Dinaric Alps** stretch from Italy across the Balkans to Kosovo, and offer wonderful trekking among dramatic rugged peaks, spectacular glacial lakes and rich green valleys.

Based in the natural wilderness of the **Sutjeska National Park**, we will tackle a demanding circular route around the mountains and lakes which straddle the border of Bosnia & Herzegovina, and Montenegro, including scaling one of the highest peaks in the area (2,397m).

↑ **The challenging route** takes in the very best of the region's terrain, from valley floors to mountain peaks.

Route profile.

Your hard work in taking on this challenge will be more than rewarded by the unforgettable scenery.

Day 1: London—Sarajevo

Fly to Sarajevo and transfer to the hotel. Trip briefing before dinner.

Day 2: Sarajevo—Suha

We have time to explore this fascinating city with a variety of options, from walking tours and experiencing the city's tunnels, to heading up into the hills to experience the old Olympic bobsleigh track. We will then transfer to Suha where we will begin our trek the next day.



Day 3: Suha—Prijedor Pass Circuit

Duration. **8–9 hours**

Highlight. **Over 1,000m of elevation**

Maximum elevation. **1,668m**

Difficulty. ●●●●●

Day 4: Prijedor—Stabna (Montenegro)

Duration. **8–9 hours**

Highlight. **Summit of Veliki Vitao**

Maximum elevation. **2,397m**

Difficulty. ●●●●●



Day 5: Pivsko Lake—Prijedor (Bosnia & Herzegovina)

Duration. **7–8 hours**

Highlight. **Trnovacko Lake (heart lake)**

Difficulty. ●●●●●

Day 6: Donje Bare—Tjentiste—Sarajevo

Duration. **5–6 hours**

Highlight. **Sutjeska River trek**

Difficulty. ●●●●●

Day 7: Hope and Homes for Children in Sarajevo

See how your support is making a difference by meeting some of the children and families we are supporting. In the evening we will celebrate our trekking and fundraising achievements.



Day 8: Sarajevo—London

Depending on flight times, you're free to explore Sarajevo some more before transferring to the airport for the flight home.

Please note, our travel partner Discover Adventure reserves the right to change the route or itinerary for safety reasons should local conditions dictate.

← **Alemadina spent three years** living in an orphanage in Bosnia and Herzegovina without any of the love or attention she needed. Now she lives with Rada, a warm and experienced foster mother. For the first few months, Rada says, Alemadina was very withdrawn then one day she asked, "Am I yours now?" "Yes, you are mine," Rada answered. From that moment on Alemadina blossomed into the playful little girl she is today.



Registered with
**FUNDRAISING
REGULATOR**

“ It was a great first trek experience for me, and exceeded expectations which was all down to the organisation and the people on the trek. Visiting the work of Hope and Homes for Children in Sarajevo was so important and it was a privilege to hear at first hand the impact of the work. ”

**Don Monk, St James's Place
Wealth Management**

Booking and enquiries.

Spaces on this unique challenge are limited, so please contact Catherine Butt for more information or to reserve your place.

catherine.butt@hopeandhomes.org

+44 (0)1722 790111



Prefer a different challenge? Ask about
Ride Romania

2019 challenge. Cycling

Fancy a two-wheeled adventure? Join us riding up mountains instead.

Dates. 5–8 July 2019

Adventure type. Road cycling

Location. Romania

Duration. Four or five days

Price. £2,074 (four days),
£2,199 (five days)



Head office

East Clyffe, Salisbury,
Wiltshire SP3 4LZ, UK

hopeandhomes.org

Email

community@hopeandhomes.org

Phone

+44 (0)1722 790111

Our travel partner, Discover Adventure Ltd, is fully bonded with the ATOL scheme, and is a member of ABTA and AITO.